# preparing for Kindergarten,



### What Can I Do Now To Prepare My Child For Kindergarten?

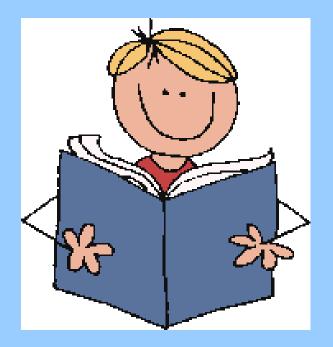
You can help ensure your child's success in kindergarten by helping her/him in the following ways...



### Literacy

#### Read, read, and read some more to your child!

- Letters and sounds
- Talk about stories together



## Writing

- Write first name correctly
- Have paper and crayons available at home
- Holds pencil correctly



## Math

### Practice:

- Sorting (laundry, toys, blocks)
- Colors
- Shapes
- Numbers (identifying, writing)
- Counting



# **Ndependence**

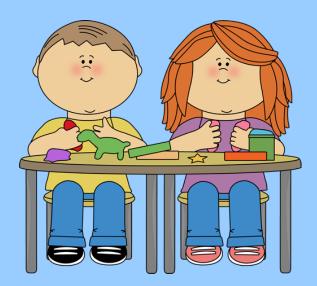
### Practice:

- Putting on coat
- Eating independently
- Cutting with scissors
- Cleaning up after themselves
  - · Toys
  - Bathroom needs



### Play-Based Learning in Kindergarten

- 45-60 minutes of structured play daily
  - Centers may include:
    - Dramatic play
    - Art
    - Blocks
    - Literacy
    - Science/technology



- Centers promote independence, problem-solving skills, and reinforce content & vocabulary development

### Is My Child Ready to be a Kindergartener?

To ensure that your child is successful, some factors to consider are:

- Does your child tire easily and still take long naps?
- Is your child able to use the bathroom completely by him/herself?
- Is your child comfortable separating from you?
- Not all children are ready for kindergarten at age 5

### Social Emotional Learning

- Takes turns
- Sits quietly and focuses for about 15 minutes
- Solves social problems appropriately
- Follows directions the first time asked



### See You In September!

